

APPENDIX 1 RISK ASSESSMENT FOR COVID - 19

Covid-19 Risk assessment additions

Hazard:

Contracting the Covid-19 virus

Risk of:

Infection with the virus leading to flu like symptoms through to death for the person contaminated.

Risk of passing the virus onto other people.

Who is at risk:

Staff and climbers

Controls:

Following the Governments guidance 'Working Safely During Coronavirus'

- Carry out a coronavirus risk assessment
- Develop cleaning, handwashing, and hygiene procedures
- Help people to work from home
- Maintain 2m social distancing, where possible
- Where people cannot be 2m apart, manage the transmission risk

Staff must have soap and water for handwashing. This is to be used in between sessions.

Hand sanitiser is available for climbers and spectators. Climbers must use Goodleaf's hand sanitiser when they arrive at the tree and when they leave. Hand sanitiser must be used at any other appropriate time; for example if climbers touch any personal items or family members in between climbs they are to sanitise their hands. Climbers need to sanitise their hands before commencing a new climbing rope. Instructor to sanitise hands after unclipping climber from rope.

Minimum social distancing to be observed by staff and climbers.

Where the 2m distance is going to be breached by staff they need to let the climber know that this is going to happen in advance. These situations will be at harness checking, one to one instruction during first steps, and final stages of descent. Instructors and clients to avoid raising their voices above a normal talking volume to reduce the chance of droplet dispersal that results when raising your voice or shouting.

In the unlikely event of an aerial rescue then the breach of the 2m distance is also likely.

Where this 2m breach happens staff to avoid face to face orientation. Approach climber to one side, to the rear, and or at a higher or lower height to minimise breathing towards climbers' face. Staff to keep their face out of direct line of climbers' exhalation.

Where this is not possible instructor to wear a mask.

Once down on the ground and made safe both client and instructor to sanitise thoroughly.

If a face mask was used it should be disposed of after first sanitising hands, then sanitise hands again. Face should then be sanitised and instructor then washes their hands.

Harnesses and hard hats to be aired in direct sunlight in between sessions.

Incorporated into safety briefing:

- There will be times when we will need to break the 2m distance. Please work with us at these times by not breathing on your instructor.
- Should you need to sneeze or cough please do so into a tissue or failing that the crook of your arm or your shoulder area, wherever there is clothing. Better yet, well away from the area in which the group is operating.
- Hand sanitiser is available here. Climbers are to use Goodleaf's hand sanitiser. You will need to re apply it before going up each new rope.
- Please do your bit to keep everyone safe
- Young children are parents' responsibility, please make sure they are adhering to social distancing and hygiene guidelines
- Once there are climbers in the tree, spectators need to stay outside the bunting unless there are exceptional circumstances. Please discuss your needs with the instructor prior to the start of the session.
- Please try to refrain from touching your face.
- Does anyone have hayfever or any other condition that could be mistaken for Covid-19 symptoms?

Expectations for our climbers conduct will be communicated to our climbers through our website and in the booking process.

Group sizes to be kept small. Up to six climbers from one household with one instructor or a maximum of five climbers from different households with one instructor. In school tree climbing situations bubbles are not to be mixed.

COVID - 19 consent. Wording to be added to consent forms:

I confirm that within the last 14 days:

- I have not knowingly been infected or knowingly shown symptoms of Covid-19
- No one in my household or bubble has knowingly been in contact with any Covid-19 infected individual or shown symptoms of Covid-19
- No one in my household or bubble is in the vulnerable or extremely vulnerable categories as defined in the current UK Government advice
- Should I, or anyone in my bubble, develop symptoms during the session or within a 14 day period after the session I understand I am duty bound to immediately report this to the instructor or to Goodleaf.