

# INFORMATION FOR TREE CLIMBERS

**GOODLEAF**  
TREE CLIMBING

We look forward to taking you tree climbing. Please read the information below and let us know if you have any questions.

**Arrival time** – 5 minutes before the start of your climb.

**Clothing** – We always suggest long sleeves and long trousers to protect you from the scratchy bark on our oak tree. In spring and autumn layers are a great idea.

**Footwear** – trainers or similar shoes that won't fall off when you're climbing. Sorry no Crocs, flip flops or open toed sandals.

**Children** – Climbers aged under 18 must bring an adult to stay with them when they climb.

**The sun** – bring sunscreen but as we're in England you might need your mac too!

**Camera** – you'll definitely want to take some pictures.

**Litter** – Please help keep our little bit of the Isle of Wight pristine and take all your litter away with you or put it one of the bins in the park.

**Dogs** – Well behaved dogs are welcome as long as all our climbers are comfortable having dogs around.

**Don't forget your head for heights!**

## CONTACT US:

If you're lost on the day, please call  
Paul: 07970 033209 or  
Office: 0333 800 1188

W: [www.goodleaf.co.uk](http://www.goodleaf.co.uk)

Postcode: PO33 1ND – please don't rely on your satnav though!

